**10U Division Rules**

1. The ball is a size 4.

2. Duration of game is (2) 25 minute halves with substitutions at the halfway point of each half.

3. Number of players on the field is seven (7) with a minimum of five (5) players including the goalkeeper.

4. Goalkeeper rules:

**a. Permitted to play same player in goal for a maximum of two (2) quarters.**

b. Players on the field may change places with the keeper ONLY during a stoppage in play AND providing the referee is informed.

5. Substitutions are permitted at four different times during the course of the game –half way through the first and second half (approximate three (3) minute break), at half time (half time period is five (5) minute minimum), and for an injured player. An injured player, once substituted, is not permitted to reenter the game until the next quarter.

6. Every player must play at least half of the game and no player can play four periods until everyone has played three. Players MUST play at least (1)offensive position and (1)defensive\goalkeeper during the game.

**7.** Coaches are to fill out an incident form for any injuries that may occur during any game/practice, especially injuries that occur to a players head/neck area. **These are available on our Website, richlandayso.com.**

8. Referees should **NOT** issue Yellow or Red Cards in this division.

9. Free kicks in this division shall not vary from the laws. Both direct and indirect kicks will be taken with the opponents 8 yards away.

10. Sliding tackles are prohibited in his division. If a player makes a sliding tackle, the referee shall award an indirect free kick to the opposing team and shall explain the foul to the offending player.

11. Heading is NOT allowed. The restart of the game will be an indirect free kick.

12. Offside in this division **WILL** be enforced with instruction to the offending player (referee to explain the call). Restart of the game will be an indirect free kick.

**13. Goalies are NOT permitted to punt or dropkick the ball.** They must either throw the ball, roll the ball, or set it on the ground(not bounce) and kick the ball within a reasonable time frame. An indirect kick will be awarded to the opposing team at the spot of the offense if a goalkeeper for 9U to 10U deliberately punts or dropkicks the ball during a match.

14. **Build-Out Line Guidlines**

a. The build-out line shall be placed across the field equidistant between the top of the penalty area and the halfway line.

b. The opposing team must move behind the build-out line for a goal kick or when the goalkeeper has possession.

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c. The goalkeeper or the player taking the goal kick or distributing the ball from the goal area, does not have to wait for the opposing players to move behind the build-out line to put the ball into play. When the ball is put into play from the goalkeeper or from the goal kick, it may be played on either side of the build-out line by possessing team. After the ball is put into play, the opposing team may cross the build-out line and play may resume as normal. The ball is in play from a goal kick as soon as the ball moves and no longer is required to leave the penalty area.

d. If a player of the opposing team does not retreat behind the build out line or crosses the build-out line prior to the goalkeeper releasing the ball a indirect free kick is awarded to the team in possession.

e. The build-out line shall be used as the line to determine offside. Players cannot be penalized for an offside offense between the halfway line and the build-out line.

15. Throw-ins in this division will vary from the laws as follows – players making an improper throw-in will be instructed in the miscue and allowed a second attempt. A second violation of the throw-in will result in a turn over to the opposing team.

16. Coaches – **No coaches shall be permitted on the field of play.** Coaches must remain within the coach’s box. A coach behind the goal is not allowed. Teams must be on the opposite side of the field from the spectators.

17. **Referees will be required for all games. Home team listed on the schedule is responsible for supplying the referee.**  A coach who is a certified referee may serve in the role as the referee but must actively participate as the referee. If no referee is present, the match shall be cancelled.

18. **Every effort should be made to prevent anything more than a 3-4 goal differential in any game.** (Incorporate another level of challenge if your team scores too easily: no one can score unless 3 touches on ball by 3 different people; team goal is to set up individual who has not yet scored, etc. Be creative.)